

## **Sternal Plating**

Continuing innovations in sternal closure

Technique Guide:

- midline
- mini-sternotomy
- mini-valve
- transverse fractures



## Sternal Plating – Innovation for thoracic surgery

### Indications

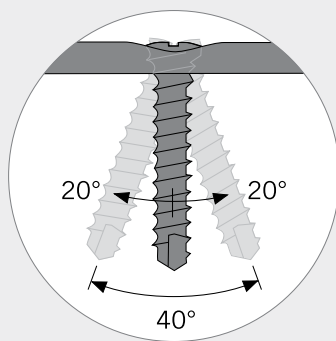
The KLS Martin Thoracic Plating System is indicated for use in the stabilization and fixation of fractures in the chest wall including sternal reconstructive surgical procedures, trauma, or planned osteotomies.

### Contraindications

- Active infection.
- Not intended for screw attachment or fixation to the posterior elements (pedicles) of the cervical or lumbar spine.
- Patient conditions including: blood supply limitations, insufficient quantity or quality of bone or latent infections.
- Patients with mental or neurologic conditions who are unwilling or incapable of following postoperative care instructions.
- Foreign body sensitivity. Where material sensitivity is suspected, testing is to be completed prior to implantation.



Screws are made from high-strength titanium alloy.  
Plates accept 2.3 and 2.5 mm diameter screws.



ThreadLock TS (Taper Screw) design allows the user to feel the tactile engagement in the bone until the final turn.

Screws can be inserted and locked securely into the plate up to 20° in any direction, providing freedom to engage the bone at the ideal angle without bulky instrumentation.



Screws countersink for a smooth interaction between plate/screw on anterior plate surface.



Low-profile 1.8 and 2.0 mm titanium locking plates with cut point for emergency re-entry.



Rounded anterior surface for reduced palpability.



**Ti** Plates are manufactured from commercially pure titanium.

## Midline sternotomy

A plate configuration with a minimum of six bars across the midline and nine fixation points on each side of the osteotomy must be placed to ensure proper closure of a midline sternotomy.



24-025-42-09 **Ti** 1  
6-Hole football



24-025-55-09 **Ti** 1  
8-Hole ladder



24-025-61-09 **Ti** 1  
14-Hole ladder



24-025-59-09 **Ti** 1  
4-Hole curved plate



24-025-63-09 **Ti** 1  
2 x 2-Hole ladder



24-025-60-09 **Ti** 1  
18-Hole ladder



24-025-47-09 **Ti** 1  
18-Hole ladder



24-025-43-09 **Ti** 1  
10-Hole body plate



24-025-57-09 **Ti** 1  
26-Hole ladder



24-025-58-09 **Ti** 1  
34-Hole ladder



24-025-62-09 **Ti** 1  
30-Hole ladder

## Mini-sternotomy (J, L, or T)

A mini-sternotomy with 3 ribs or less must have a minimum of 4 bars across the vertical osteotomy and 1 bar across the horizontal osteotomy. Mini-sternotomies with more than 3 ribs must have a minimum of 6 bars across the vertical osteotomy and 1 bar across the horizontal osteotomy.



24-025-44-09 Ti 1  
8-Hole X plate



24-025-46-09 Ti 1  
7-Hole JLT plate



24-025-56-09 Ti 1  
11-Hole JLT plate

## Right anterior thoracotomy - rib disarticulation

Adequate fixation must be placed on each side of the fracture.



24-025-52-09 **Ti** 1  
9-Hole Y plate



24-025-54-09 **Ti** 1  
14-Hole Y plate



24-025-48-09 **Ti** 1  
4-Hole straight plate



24-025-49-09 **Ti** 1  
6-Hole straight plate



24-025-50-09 **Ti** 1  
8-Hole straight plate



24-025-51-09 **Ti** 1  
10-Hole straight plate



## Transverse fractures

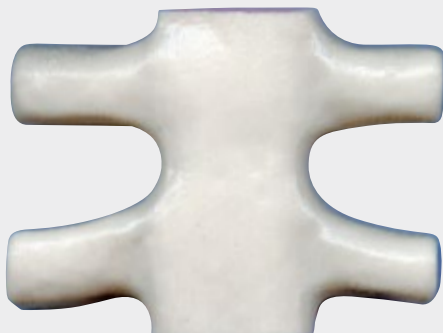
In case of total transverse fracture it is recommended to have a minimum of 2 bars over the fracture with 4 fixation points on each bar for both superior and inferior portions of the fracture.



24-025-48-09 Ti 1  
4-Hole straight plate



24-025-49-09 Ti 1  
6-Hole straight plate



24-025-50-09 Ti 1  
8-Hole straight plate



24-025-51-09 Ti 1  
10-Hole straight plate





Step 1:

**Expose**

Dissect the soft tissue from the surface of the anterior sternum to allow for complete visualization of the bone. This step should also be performed in revision cases that require wire removal due to sternal nonunion or for re-operation.



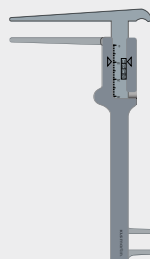
Step 2:

**Measure**

Measure the depth of the sternum at the anticipated plate locations before bone reduction to insure the selection of appropriate screws. Use the sternal caliper (24-006-01-07) to determine sternum thickness.

Note: Screws should be no longer than necessary to penetrate the posterior cortex. The surgeon should use extreme care to ensure the screw does not extend past the posterior surface. Screws should be placed monocortically.

Do not use a screw that is longer than the measured thickness of the sternum. For example: If the sternum is 13 mm thick, use a 13 mm screw. If the sternum is 12 mm thick, use an 11 mm screw.



Sternal caliper



Step 3:

### Reduce

Reduce the sternum using the sternal bone reduction forceps (24-001-02-07) by placing the instrument at the superior and inferior aspects of the sternum and slowly reduce the sternum.

During this process, be careful to observe the midline for protruding internal tissue and proper bony alignment. Care should be taken to avoid damaging vessels or grafts; e.g., internal mammary artery (IMA), coronary grafts, etc.

Avoid placing forceps in a transverse fracture line.

### Alternative Method:

The approximation of the sternal halves can be achieved by placing sufficient sternal wires in the manubrium and xiphoid. Pull the wires tight to reduce the sternum. After placement of all sternal plates, check to ensure wires are tight and make any tension adjustments necessary.



Sternal bone reduction forceps



Step 4:

### Selection

Once the sternum has been reduced, select the desired plate(s). Plate should be placed with the cut-point over the sternotomy and/or fracture line to ensure rapid reentry if necessary.

If any contouring and/or cutting of the plate is required, use the locking bending pliers (24-010-01-07 / 24-010-02-07) provided in the set.



Locking bending pliers



Step 5:

**Secure**

Select the appropriate length 2.3 mm maxDrive screw based on the recorded measurements. Place screw in desired screw hole by using the maxDriver or thumb-twist screwdriver and blade (25-486-97-07).

The screw should be inserted by turning in a clockwise direction. The screw will lock into the plate. Screw placement is complete once the screw is fully engaged in the plate.

Note: Avoid over-tightening the screw once it is completely engaged into the plate. Screws should be placed in all holes of the plate.

If screws are placed with the maxDriver, the surgeon should use the thumb-twist screwdriver and blade (25-486-97-07) after screw placement to ensure the screw is completely locked into the plate. The screw may require additional tightening.



Step 6:

Repeat the steps above to place the remaining plates.



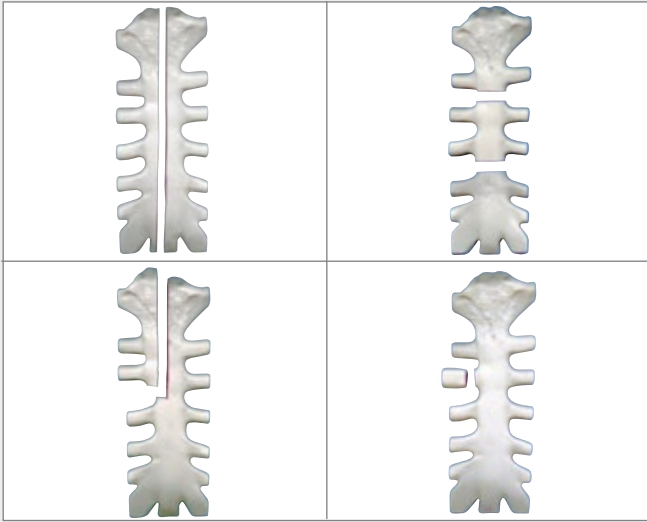
maxDriver



Screwdriver handle



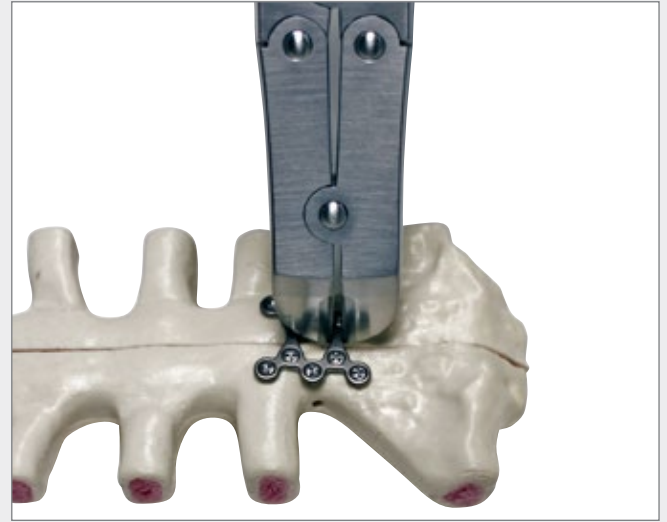
Screwdriver blade



#### Step 7:

Plate options and locations should be chosen to best fit the anatomy of each patient. When plating transverse fractures, take care to avoid placing screws on or near the fracture line. Span the fracture with a plate that appropriately fits the anatomy.

Note: To facilitate emergent reentry, avoid placing non-cuttable portions of the sternal plate over the sternotomy line.





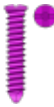
#### Emergent Reentry:

If emergent reentry is necessary, the plates feature a cut point to allow for rapid access to the chest cavity. The plate can be cut with most heavy wire cutters found in the operating room or crash cart.



Double action plate cutter



Drill-Free maxDrive			
			
Sternal Screws			
		self-retaining	
		5	1
	2.3 x 7 mm	24-023-07-09	24-023-07-91
	2.3 x 9 mm	24-023-09-09	24-023-09-91
	2.3 x 11 mm	24-023-11-09	24-023-11-91
	2.3 x 13 mm	24-023-13-09	24-023-13-91
	2.3 x 15 mm	24-023-15-09	24-023-15-91
	2.3 x 17 mm	24-023-17-09	24-023-17-91
Emergency Screws			
		self-retaining	
		5	1
	2.5 x 9 mm	24-024-09-09	24-024-09-91
	2.5 x 13 mm	24-024-13-09	24-024-13-91
	2.5 x 17 mm	24-024-17-09	24-024-17-91



25-650-04-04  
Measuring clip for screw length, black



25-651-01-04  
Measuring clip for screw diameter

Ti Titanium alloy

1 Packaging unit

STERILE R Sterile

Screwdrivers and Blades

maxDrive



Blades suitable for	25-407-01-07	KLS-SD-1000
50-817-20-07	2.0 / 2.3 mm	40 mm
25-486-97-07	2.0 / 2.3 mm	80 mm
25-486-98-07	2.0 / 2.3 mm	94 mm

\*For storage in Level One modules



50-800-02-71 1

Battery pack  
for 50-800-04-07



$\frac{1}{2}$  KLS-BP-001 1

Battery pack  
for KLS-SD-1000



24-025-42-09 **Ti** 1  
6-Hole football  
= 1.8 mm



24-025-63-09 **Ti** 1  
2 x 2-Hole ladder  
= 1.8 mm



24-025-43-09 **Ti** 1  
10-Hole body plate  
= 1.8 mm



24-025-44-09 **Ti** 1  
8-Hole X plate  
= 1.8 mm



24-025-61-09 **Ti** 1  
14-Hole ladder  
= 1.8 mm



24-025-55-09 **Ti** 1  
8-Hole ladder  
= 1.8 mm



24-025-46-09 **Ti** 1  
7-Hole JLT plate  
= 1.8 mm



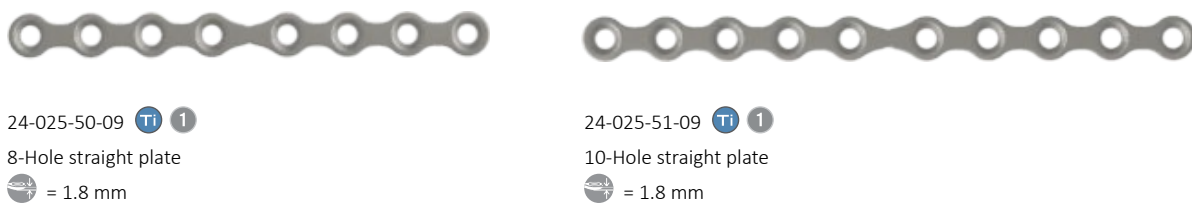
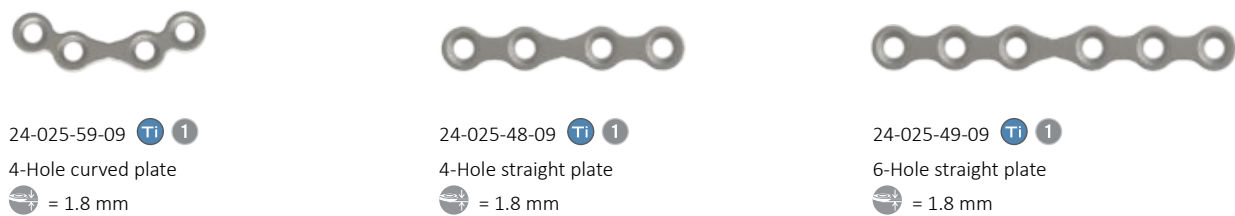
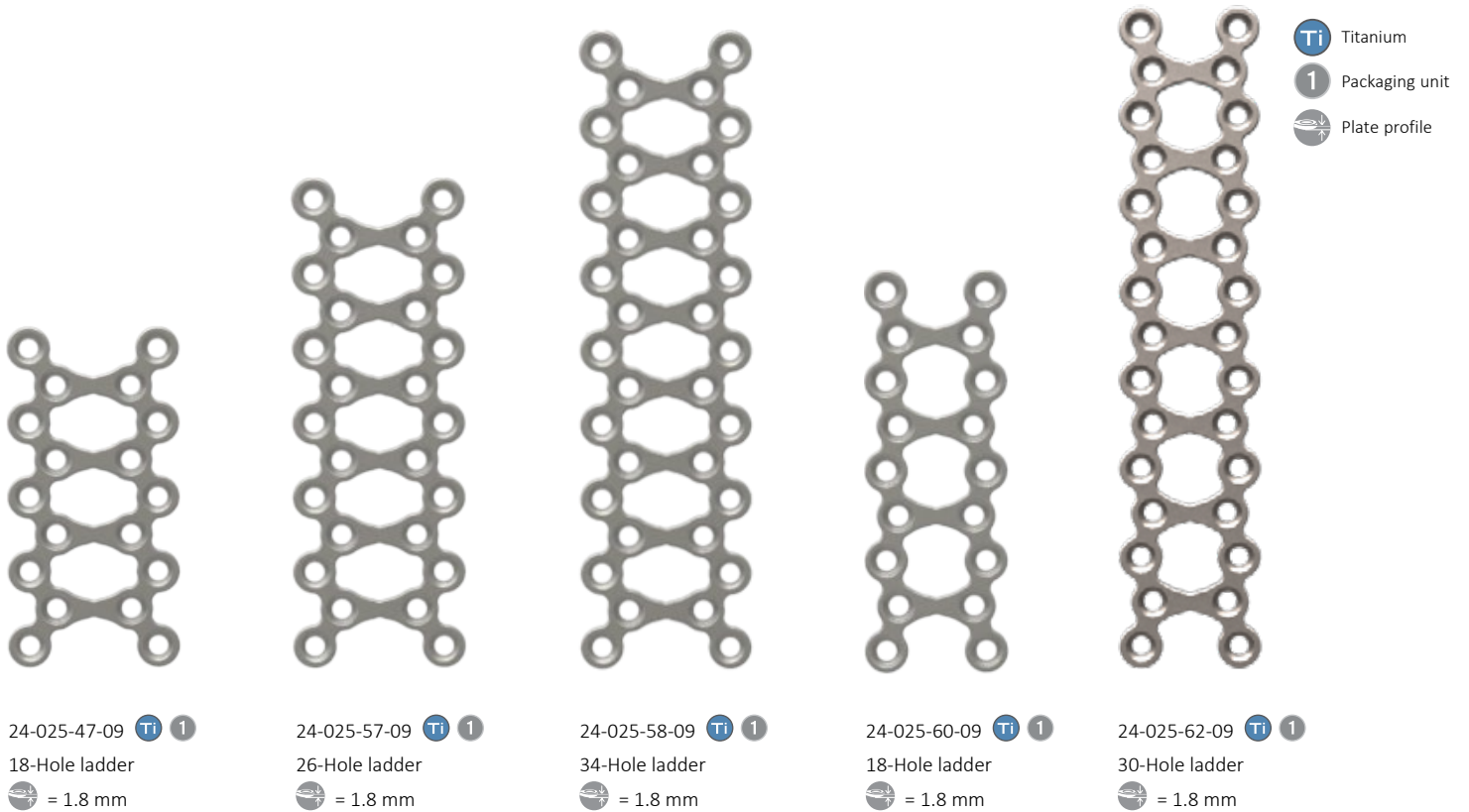
24-025-56-09 **Ti** 1  
11-Hole JLT plate  
= 1.8 mm



24-025-52-09 **Ti** 1  
9-Hole Y plate  
= 1.8 mm



24-025-54-09 **Ti** 1  
14-Hole Y plate  
= 1.8 mm



*Note: It is the surgeon's responsibility to ensure the sternum is closed with the appropriate level of fixation as required to complete the surgical procedure and ensure a stable construct for midline sternotomies, reconstruction procedures and fixation of lateral thoracotomy.*

*Warning: Straight plates are not designed for midline closures, rib-to-rib fixation, or the spanning of continuity defects.*



22-523-22-07 **St 1 TC GOLD**  
Double action plate cutter,  
22 cm, 8  $\frac{3}{4}$ "



24-004-01-07 **St 1**  
Sternal tenaculum  
23 cm

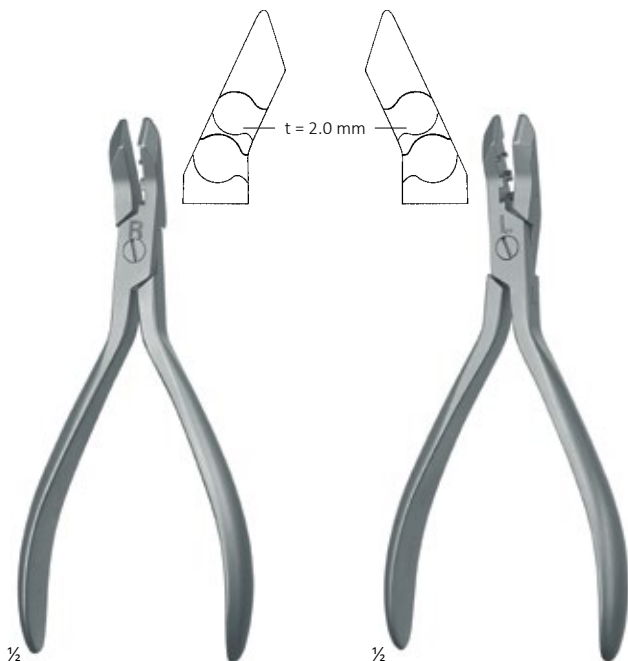


24-015-73-07 **St 1**  
Sternal bone reduction forceps  
18 cm



24-001-02-07 **St 1**  
Sternal bone reduction forceps  
20.5 cm, 8"





24-010-01-07 **St** **1**  
 Locking bending pliers, right  
 15 cm, 6"

24-010-02-07 **St** **1**  
 Locking bending pliers, left  
 15 cm, 6"



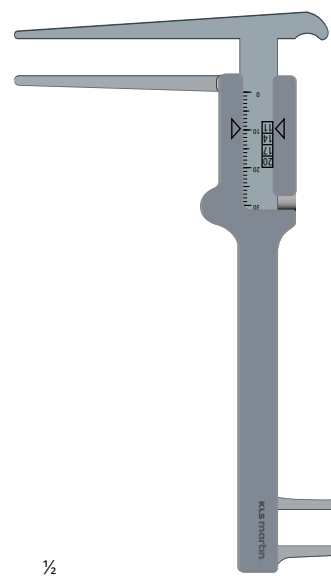
12-188-17-07 **St** **1**  
 Cushioning forceps, serrated  
 17 cm, 6 3/4"



24-010-06-07 **St** **1**  
 36 mm wide  
 24-010-04-07 **St** **1**  
 50 mm wide  
 Thoracic sizer



50-501-40-07 **St** **1**  
 Depth gauge  
 17 cm, 6 1/2"



24-006-01-07 **St** **1**  
 Sternal caliper

**St** Stainless steel  
**1** Packaging unit

**TC GOLD** Instruments with tungsten carbide inserts



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